

# Advancing Bicycling in the Capital Region

*Making Bicycling a Viable Transportation Option in  
Rural and Suburban Settings*

## Rancho Cordova Perspective

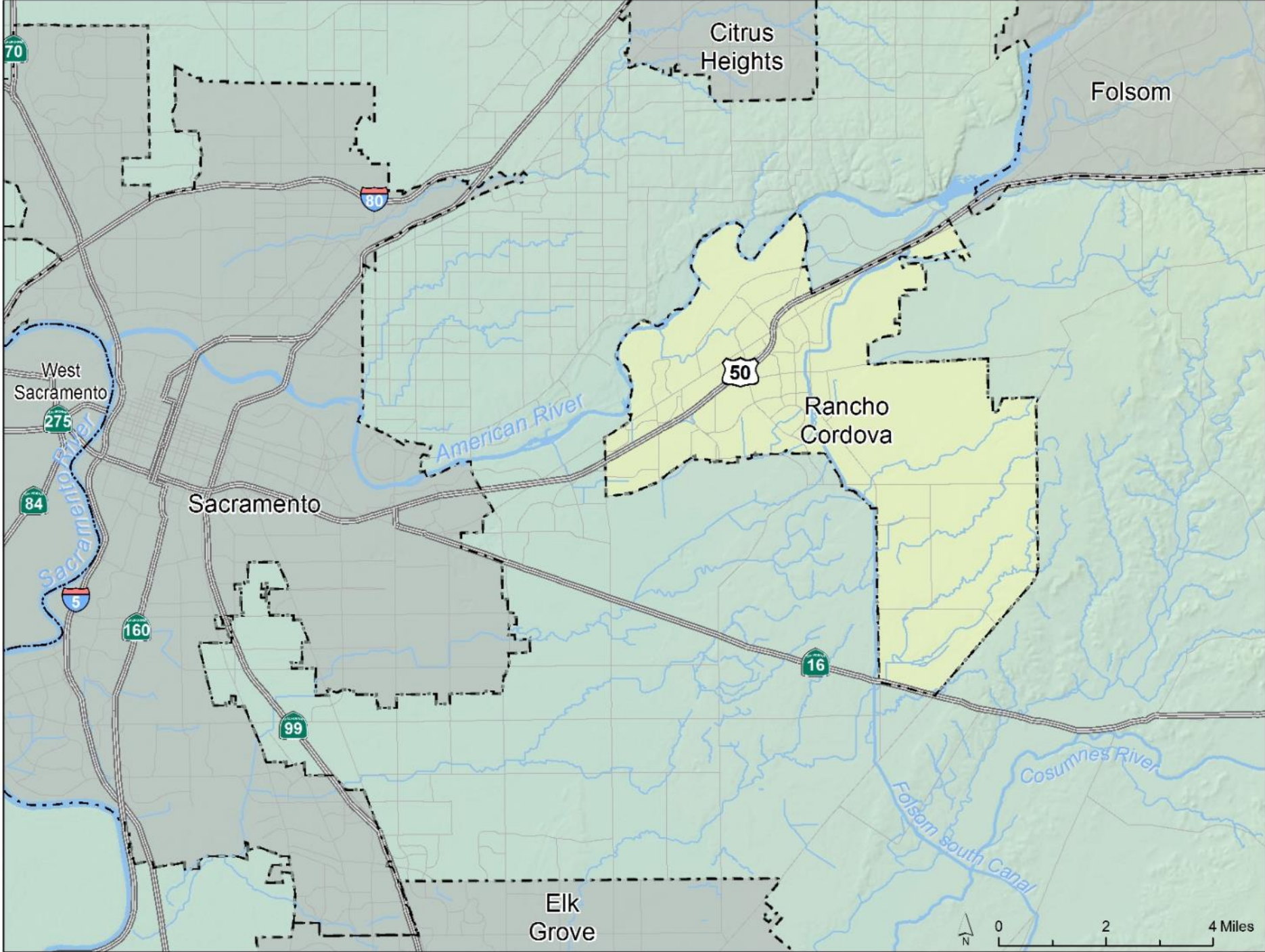
September 23, 2015

# Topics

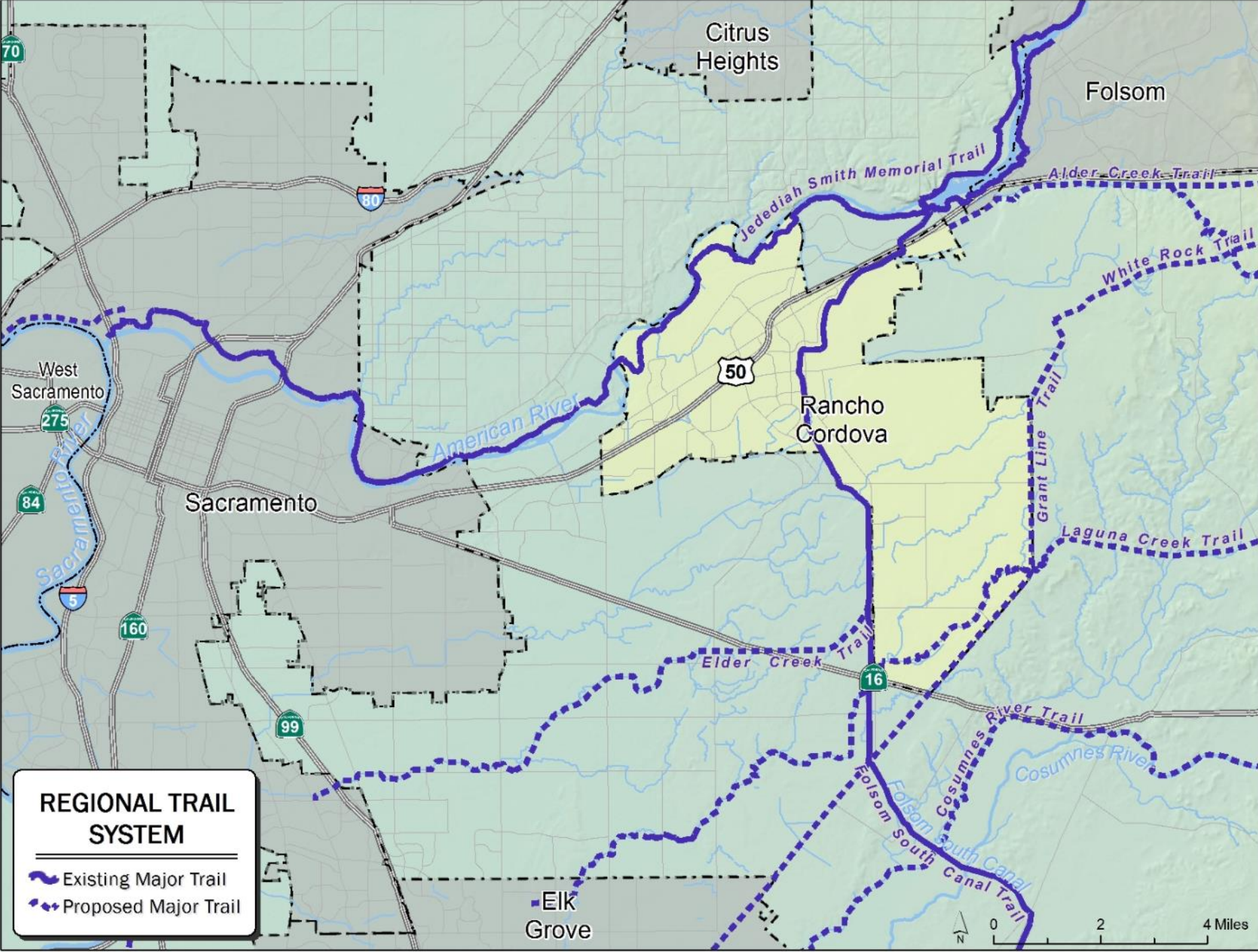
Engaging the Region, A Seamless Vision

Barriers To Travel, Our solutions

Advocacy, Community Engagement







## REGIONAL TRAIL SYSTEM

- Existing Major Trail
- Proposed Major Trail

Elk  
Grove

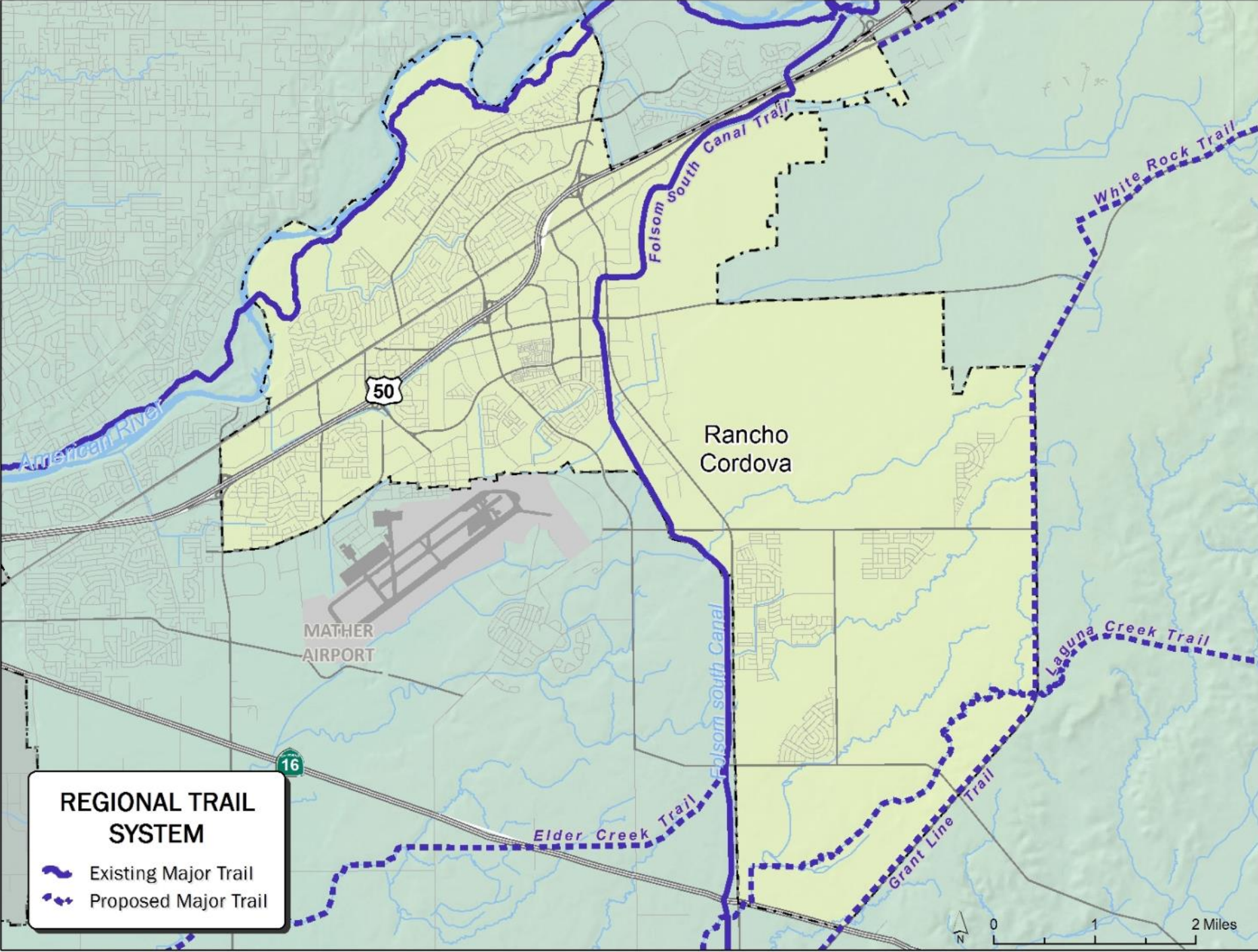


0

2

4 Miles



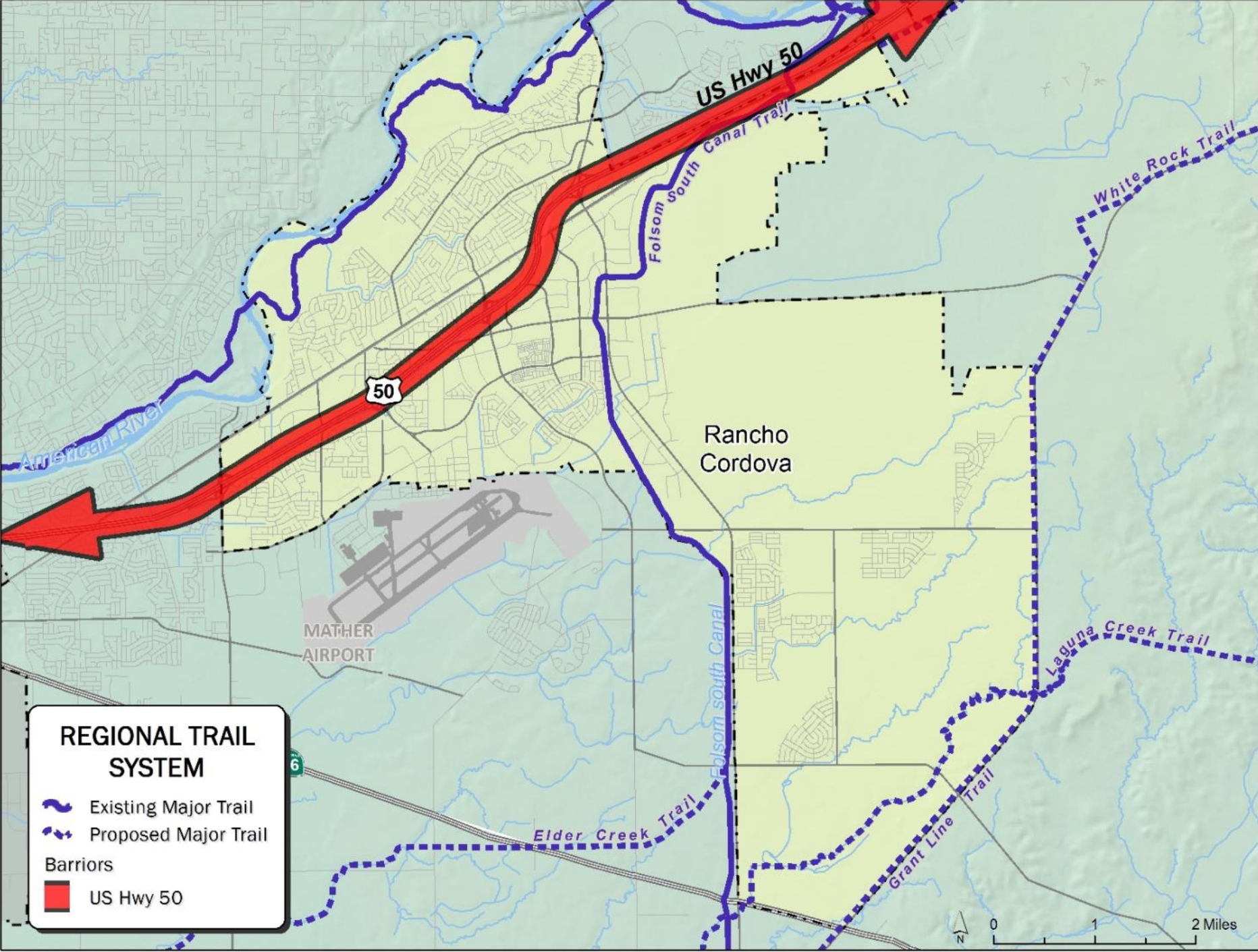


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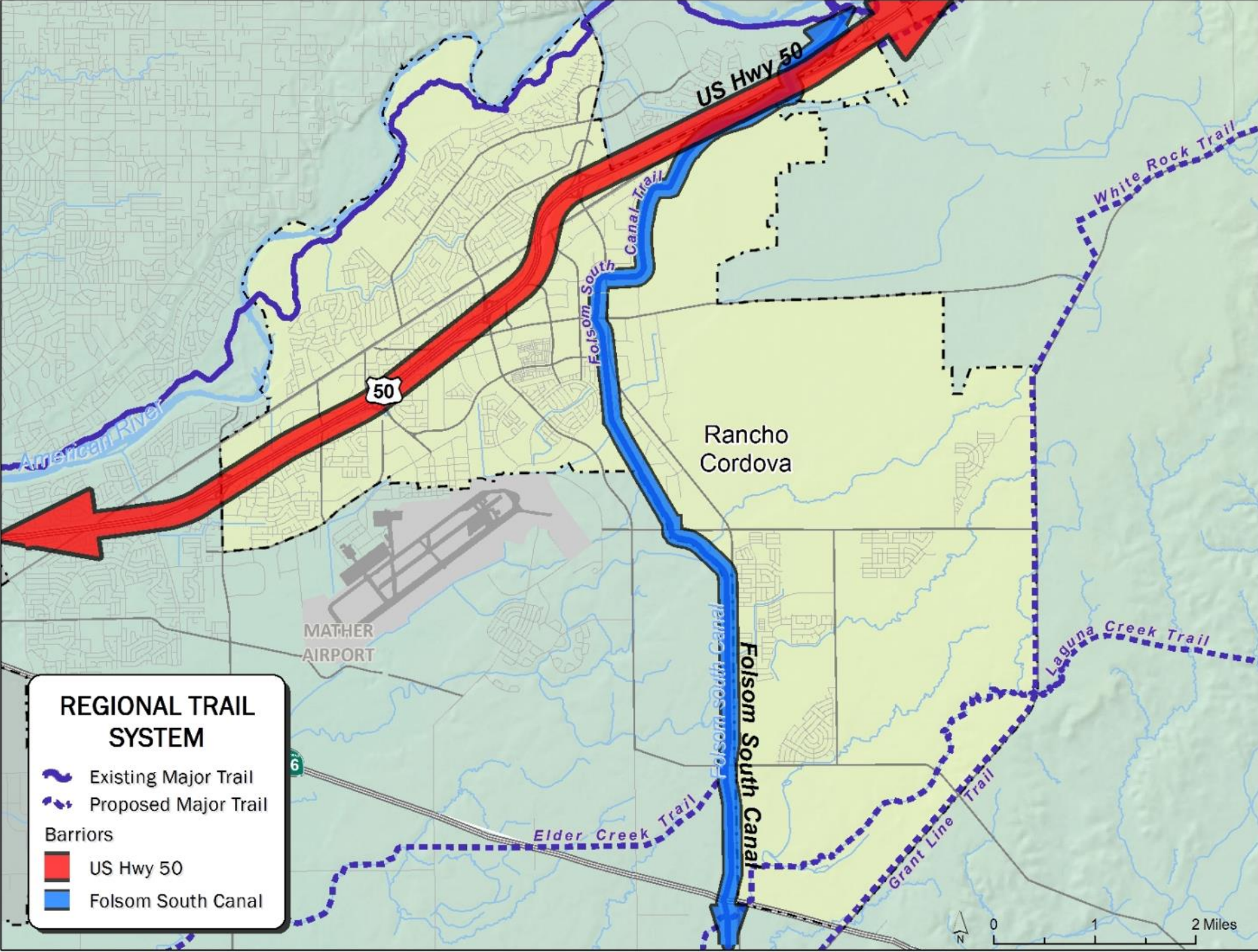
- Existing Major Trail
- Proposed Major Trail

## Barriers

- US Hwy 50







# REGIONAL TRAIL SYSTEM

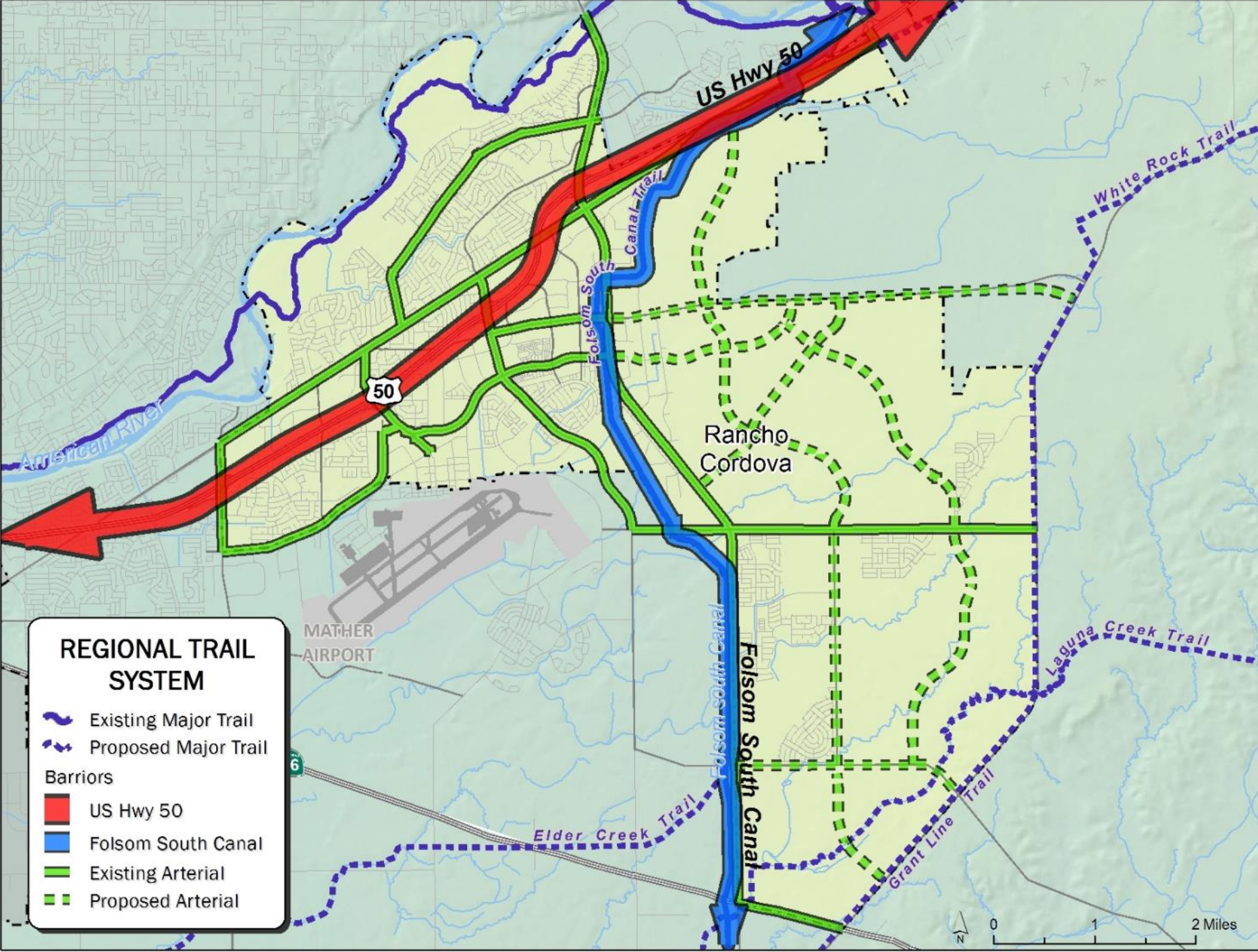
- Existing Major Trail
- Proposed Major Trail

## Barriers

- US Hwy 50
- Folsom South Canal







# REGIONAL TRAIL SYSTEM

- Existing Major Trail
- Proposed Major Trail
- Barriers
  - US Hwy 50
  - Folsom South Canal
- Existing Arterial
- Proposed Arterial







**JEDEDIAH SMITH NATIONAL RECREATION TRAIL  
AMERICAN RIVER PARKWAY**

County of Sacramento Department of Regional Parks, Recreation and Open Space



**LEGEND**

• J. Smith National Recreation Trail  
• American River Parkway  
• Sacramento River  
• Other Trails  
• Other Landmarks

**YOU ARE HERE** •

EMERGENCY — USE CALL BOX OR DIAL 911  
INFORMATION/RANGERS 875-6672













ENTERING  
FEE AREA  
SELF  
PAYMENT  
REQUIRED  
AHEAD

PARK HOURS  
5:00 AM - 10:00 PM



American River



ROSSMOOR BAR PARK

AMERICAN RIVER PARKWAY  
COUNTY OF SACRAMENTO







# Barriers to Bicycling Travel

Highway 50

Folsom South Canal

Arterial Roadways

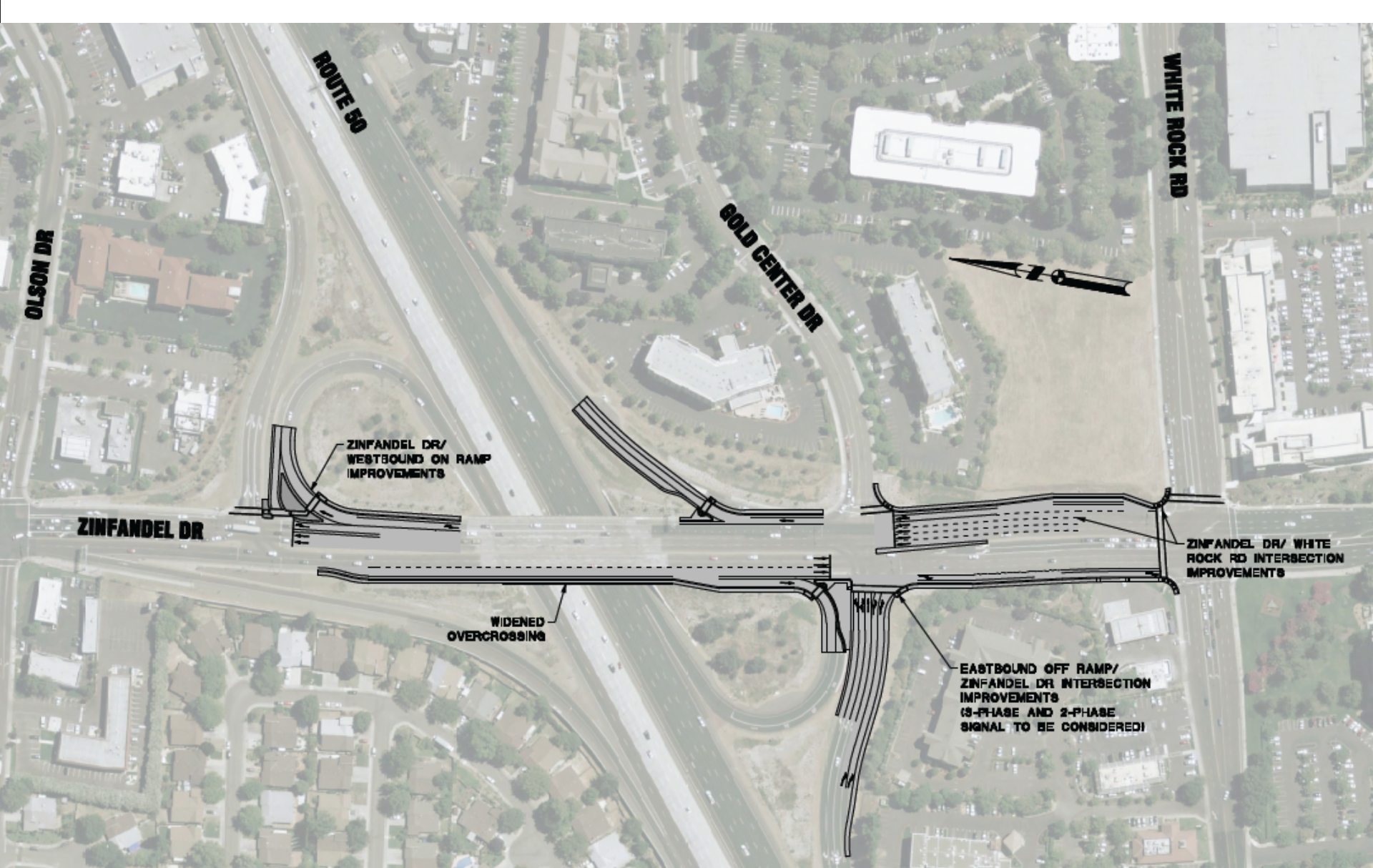






NO PED C  
USE CROSSWA



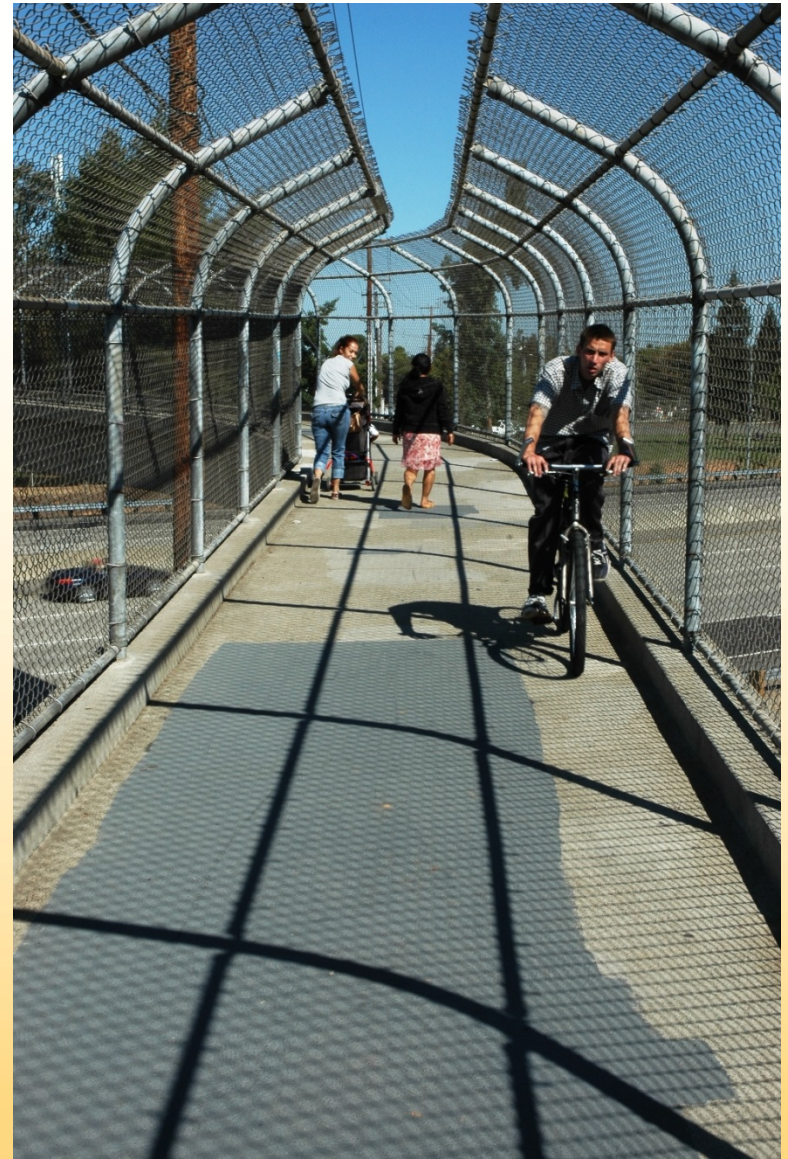




AERIAL VIEW - PED/BIKE BRIDGE ONLY  
"L" RAMP

SD  
4.9.08









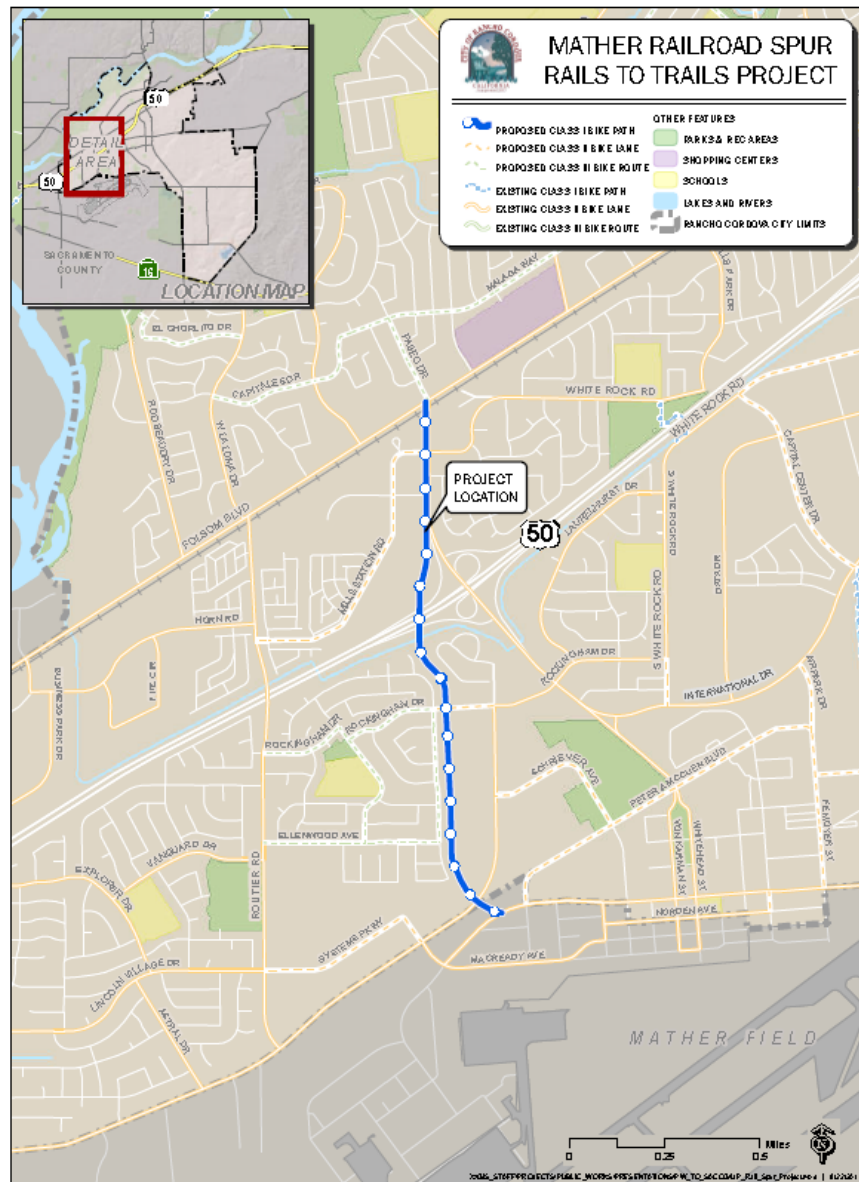




# Routier Road Highway 50 Overcrossing

## Cycle Track now called Class IV Bikeway





# Mather RR Spur Trail Project



















**UP TO \$1,000  
REWARD**

For Information Leading To  
Arrest And Conviction

 **HOT LINE**

**1-800-437-2744**

Report Illegal Dumping, Vandalism,  
Theft, Waste, Fraud, Or Harm  
To Bureau Of Reclamation Personnel





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a fresh take.  
**RANCHO CORDOVA**  
CALIFORNIA

**BIKE MAP**

**RULES TO RIDE BY**

- DON'T RIDE AGAINST TRAFFIC**  
Drivers can see cyclists better when they're going with the flow of traffic. It's also the law.
- WATCH FOR CARS PULLING OUT**  
Drivers AND cyclists need to be aware of their surroundings so that everyone stays safe on the road. Don't assume that a driver sees you!
- FOLLOW LANE MARKINGS**  
The lane markings help you to anticipate a turn, a stop light and other traffic signals.
- BE MINDFUL OF YOUR SPEED**  
You are less likely to be in a serious accident if you're riding slower.
- RESPECT PEDESTRIANS' RIGHTS**  
Giving pedestrians the right-of-way keeps everyone safe.
- MAINTENANCE**  
Maintain your bicycle in good condition at all times. This will prevent unnecessary accidents.
- WEAR A HELMET**  
Wearing a helmet can prevent serious injury and even save your life.
- LIGHTS/REFLECTORS**  
Put lights on the front of your bicycle and reflectors on the back for night-time cycling.
- HAND SIGNALING**  
Using hand signals lets other cyclists and drivers know which direction you're planning to go.

**RIGHT TURN**

**SLOW OR STOP**

**LEFT TURN**

**ALTERNATE RIGHT TURN**

**BIKE TRAIL CLASSIFICATIONS**

**CLASS I BIKE PATH**  
Off-street facility for cyclists, joggers, and walkers; similar to the American River Parkway Trail.

**CLASS II BIKE LANE**  
Striped lane that provides space for cyclists on a street.

**CLASS III BIKE ROUTE**  
Low-traffic street where cyclists are encouraged with bike route signs.

**BICYCLE COMMUTING IN RANCHO CORDOVA**

Bicycle commuting to work, school or even running your daily errands can be a less expensive, healthier and fun transportation choice rather than using your car. The City of Rancho Cordova has a few different programs that make it easier for you to bicycle commute. For more information visit [bikes.cityofranchocordova.org](http://bikes.cityofranchocordova.org)

**PREVENT BICYCLE THEFT**

Make sure you're locking up your bike to a "fixed" mechanism, whether it's a bicycle rack, a post or a light post.

Your bicycle should be locked somewhere that's lit and visible.

Get a good bicycle lock! U-locks work the best, but they must be secured to a legal, fixed object from the bicycle frame. You can also use a heavy-duty chain with case-hardened links and a sturdy lock.

Be sure to take a picture of your bike and write down the serial number for a quicker recovery should it ever get stolen.

**BIKE, BUS, RAIL YOUR TICKET TO EASY COMMUTING**

Sacramento Regional Transit (RT) has made it easy for bicycle commuters to continue their trip on Bus or Light Rail.

- RT buses including the Rancho Cordovan are equipped with bike racks.
- Older light rail trains reserve space for bikes in the rear or front of the car next to the flip-up seats. The new CAF light rail trains have bike racks.
- Bike racks are located at 19 light rail stations for those who prefer to leave their bikes.

Bikes are welcome on RT buses, the Rancho Cordovan, and light rail at any time of the day. For more information on biking and using RT, visit [www.sacrt.com/biking.stm](http://www.sacrt.com/biking.stm)

**WEARING A HELMET CAN PREVENT SERIOUS INJURY AND EVEN SAVE YOUR LIFE**

**IMPORTANT WEBSITES AND ORGANIZATIONS:**

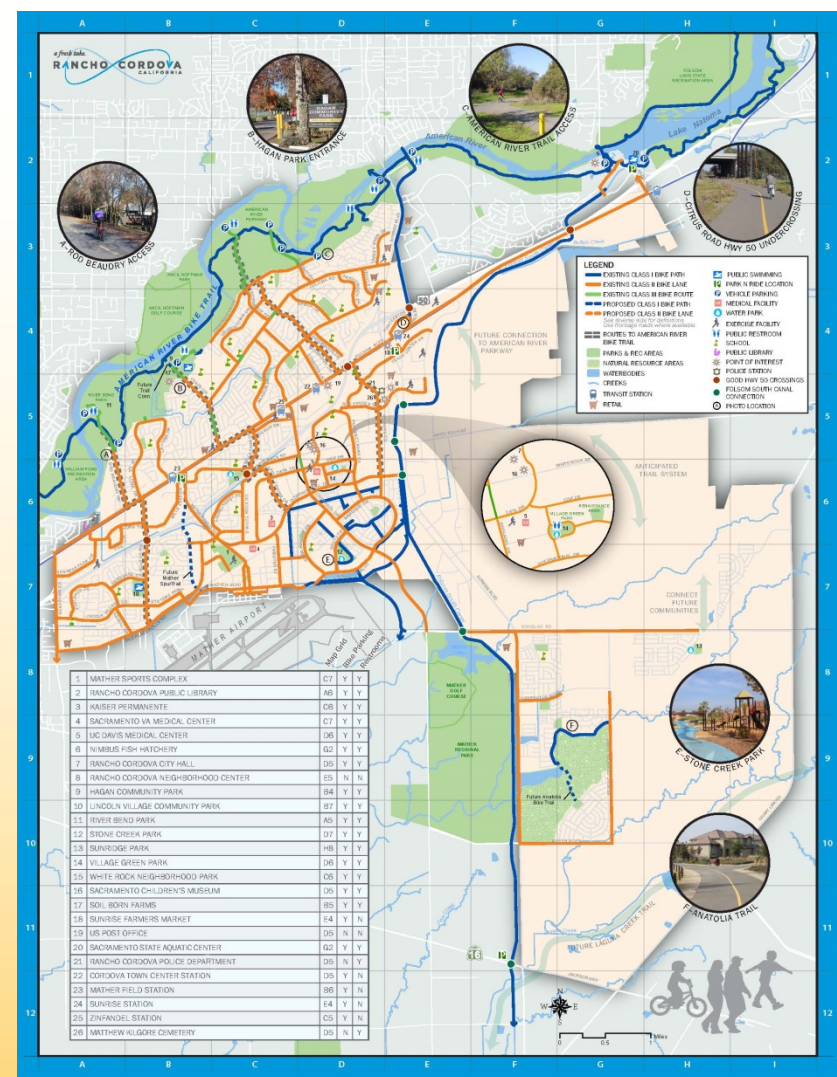
**Bicycle Advocates for Rancho Cordova (BARC)**  
A group dedicated to improving bicycle facilities in Rancho Cordova.

**Bike Safe California - [bikesafecalifornia.org](http://bikesafecalifornia.org)**  
Safety tips, bicycle safety classes and bicycling resources.

**Sacramento Wheelmen - [www.sacwheelmen.org](http://www.sacwheelmen.org)**  
Nonprofit organization for cycling and cycling-related activities.

**Sacramento Bikes Hikers - [www.bishikers.com](http://www.bishikers.com)**  
The oldest continuously active bicycle club in the Sacramento area, focused on touring and recreational cycling.

a fresh take.  
**RANCHO CORDOVA**  
CALIFORNIA









# Thursday is Regional Bike to Work Day

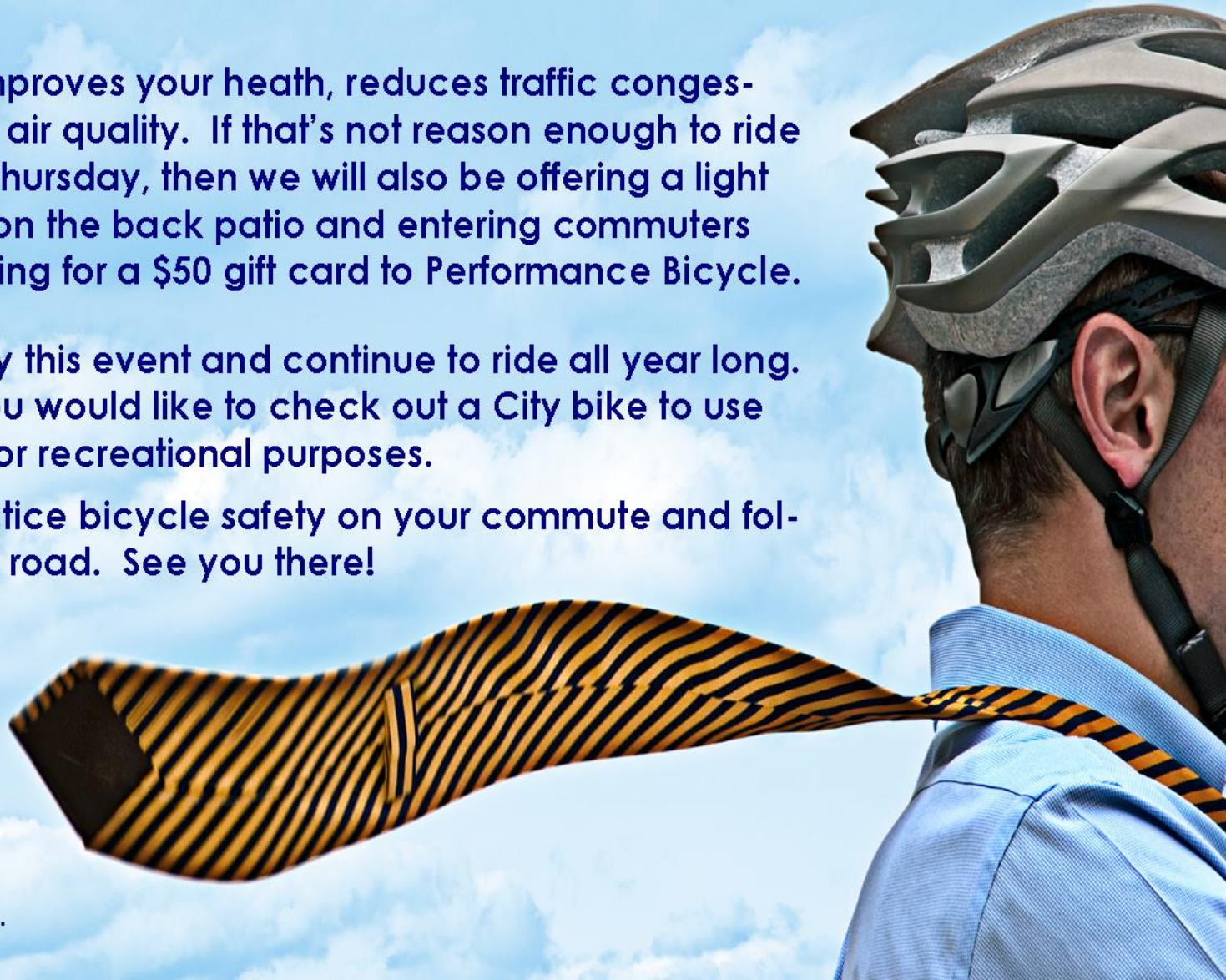
This Thursday is another great opportunity to get out your bikes and go for a ride.

Riding your bike improves your health, reduces traffic congestion, and improves air quality. If that's not reason enough to ride your bike to work Thursday, then we will also be offering a light breakfast at 8 AM on the back patio and entering commuters names into a drawing for a \$50 gift card to Performance Bicycle.

We hope you enjoy this event and continue to ride all year long. Come see me if you would like to check out a City bike to use for either business or recreational purposes.

Remember to practice bicycle safety on your commute and follow the rules of the road. See you there!

Also, don't forget to log your miles this month for Team Rancho Cordova at [mayisbikemonth.com](http://mayisbikemonth.com) for a chance to win even more great prizes.







# 2014 Scott Road Bike and Walk Event













A photograph of three men sitting at a table covered with a red tablecloth, eating a meal. The man on the left is wearing a blue button-down shirt and holding a fork. The man in the middle is wearing a grey striped button-down shirt and holding a fork. The man on the right is wearing a blue polo shirt and glasses, also holding a fork. The table is decorated with gold tinsel, red berries, and a small yellow candle. A red can of Dr Pepper is on the table. In the background, there is a decorated Christmas tree and a door with a 'STORAGE' sign.

# Thank You